



# BALMAIN LITTLE ATHLETICS CENTRE

# ZONE RESULTS SPECIAL

What a sensational weekend for the Balmain Little Athletics Club at the Inner City Zone Championships. Both days saw a continuous stream of smiling faces, brilliant efforts and great performances from all our athletes.

Although Athletics is based on individual effort, we came together as a team with constant cheering and support for not only our athletes but those from other clubs too. This exceptional team spirit was on show when we **won the March Past trophy** for the second year running. And how couldn't we win with banners, flags, pompoms, painted faces and Santa pulled along on a "teeny-tiger" sleigh.

The **U7's** handled themselves like consummate professionals in their first Zone Carnival, winning **13 medals** over the weekend and showing an extremely strong future for the Club. Special congratulations to Angie Le Roux who won four medals from four events. (U7's do not progress from Zone to Region).

In the U8-17's **147 athletes have automatically qualified for Region** by finishing in the top 6 in their event(s). Indicative of the strength of the Balmain team is the fact that 32 of those athletes automatically qualified for 4 or more events. **Thirteen more of our athletes qualify for spots at Region as "the next best four"** in their events.

In the points-based **Club competition**, Randwick Botany continued their 43 year winning streak...but I'm delighted to announce that **Balmain ran them a very close 2nd** this year and I remain confident that we can and will beat them for the title in the coming seasons. See the points score table right.

Zone is planned and organised entirely by volunteers. I would like to recognise all of the BLAC committee for their hard work before, during and after the event, as well as all the parents who helped run both Long Jump pits across the two days. Also **thanks to the Balmain parents** who stepped into various roles to keep events going, and to the timekeepers on Saturday. In particular I would like to thank Andrew Kohlrusch, who as the Zone Co-ordinator put the whole Championship together and was at ES Marks for a total of 26 hours over the weekend. Also special thanks to our Championships Team of Tim Batho, Peter Rand & Richard Chen who took entries, allocated events, formulated rosters, sent numerous emails and, with Kim Gane acted as Team Managers for Zone.

It was a long but successful weekend. Bring on Region !!!! (but not too soon)

In the mean time, we wish everyone a very Merry Christmas

BLAC Committee



### U7S MEDAL COUNT

<b>Gold</b>	
Angie Le Roux	50m, 100m, & Long Jump
Ida Lawlor	70m, 200m
Kai Hasselberg	70m

<b>Silver</b>	
Zoe Crick	Long Jump
Phinn Suharto	Shot Put

<b>Bronze</b>	
Angie Le Roux	70m
Zoe Howdin	Discus
Emilia Williams	Shot Put
Fynn Roche	500mPS
Phinn Suharto	50m, Discus

### CLUB TEAM SCORES

Randwick Botany	2543.5
Balmain	2027.5
Eastern Suburbs	1021.5
Inner West	1017
South Eastern	990.5
Canterbury	750
Tiger Wests	365

## REGION QUALIFIERS

<b>Mia Azzi</b>	Long jump
<b>Zara-Claire Azzi</b>	200m, 60mH, High Jump, Long Jump
<b>Harry Banks</b>	60mH, 700m Walk
<b>Ellie Barnett</b>	400m, 60mH
<b>Carys Batho</b>	1500m Walk, Discus, Shot Put, Javelin
<b>Ross Batho</b>	Discus, Shot Put, Javelin, Long Jump, Triple Jump
<b>Angus Beer</b>	400m, 800m, 1500m, 3000m
<b>Callum Beer</b>	700m Walk, Discus
<b>Alena Belunek</b>	200m
<b>Mischa Belunek</b>	100m, 200m, 60mH, Triple Jump
<b>Billy Blair</b>	70m, 100m, 200m
<b>Ava Boeckenhauer</b>	Discus
<b>Charles Boyd</b>	1500m
<b>Ella Boyd</b>	Long Jump, Discus, Shot Put
<b>Emily Brewster</b>	400m, 800m, Discus, High Jump
<b>Matthew Brewster</b>	400m, 800m, 500m, Long Jump
<b>Thomas Britton</b>	Discus
<b>Ethan Brouw</b>	400m, 800m, 1500m
<b>Zac Burkitt</b>	Shot Put
<b>Charlotte Calic</b>	400m, Discus
<b>Nicholas Callanan</b>	Discus
<b>Samantha Callanan</b>	Shot Put
<b>Olivia Cermak</b>	1500m Walk, Discus, Shot Put
<b>Joshua Chen</b>	70m, 100m, 200m, Long Jump
<b>Samuel Chen</b>	100m, 200m, Long Jump, Triple Jump
<b>Hannah Christie</b>	1500m, Triple Jump
<b>Marnie Clarkson</b>	100m, 200m, High Jump, Discus, Shot Put, Javelin
<b>Brooke Constantinidis</b>	70m, 100m, 60mH, Long Jump
<b>Jasmine Cook</b>	1500m Walk
<b>William Cornish</b>	1500m, 3000m, High Jump, Discus, Javelin
<b>Lucy Crawford</b>	100m, 400m
<b>Bridget Crick</b>	Javelin, Long Jump, Shot Put
<b>Bailey Crowley</b>	1100m Walk
<b>Emma Cruzado</b>	800m, High Jump, Discus, 1500m
<b>Luca Cruzado</b>	1100m Walk,
<b>Benjamin D'Agostino</b>	60mH, 1100m Walk, Long Jump, Shot Put
<b>Alessia Dal Pane</b>	Long Jump, Triple Jump
<b>Emily Danson</b>	100m, 200m, Long Jump, Triple Jump, Shot Put
<b>John Danson</b>	100m, 200m
<b>Finn Dolan</b>	1100m Walk
<b>Tane Dolan</b>	400m, 60mH, 700m
<b>Jason Doric</b>	800m, High Jump
<b>Owen Douglas</b>	60mH, 100m Walk
<b>Lucas Ee</b>	Shot Put
<b>Sienna Excell</b>	1500m, High Jump
<b>Nina Frisselthomas</b>	200m, 400m, 200mH, 800m
<b>William Garside</b>	1100m Walk
<b>Angus Gobran</b>	100m, 400m, 60mH, High Jump
<b>Aidan Gow</b>	Shot Put
<b>James Granger</b>	Discus, Shot Put
<b>Laura Grubisa</b>	High Jump, Long Jump
<b>William Guthrie</b>	1500m Walk, Discus, Shot Put, Javelin
<b>Luke Haddad</b>	800m
<b>Olivia Hadwen</b>	1500m
<b>Sophia Hadwen</b>	1500m, 3000m, 1500m Walk, 800m, Triple Jump
<b>Cooper Hall</b>	60mH, Discus
<b>Lauren Hall</b>	Triple Jump, Discus, Shot Put
<b>Monty Hannaford</b>	100m, 400m, Long Jump
<b>Tilly Hannan</b>	Discus, Shot Put
<b>Maya Harvey</b>	800m



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<b>Mackenzie Hasselberg</b>	High Jump
<b>Eliza Heald</b>	60mH
<b>James Hill</b>	100m, 200mH, Long Jump
<b>Alexander Howdin</b>	700m Walk, Discus, High Jump
<b>Tom Huber</b>	700m
<b>Maddison Jones</b>	400m
<b>Sienna Jones</b>	High Jump
<b>Liam Kapsalis</b>	70m, 100m, 200m, Long Jump
<b>Jamie Karabesinis</b>	200m, 90mH, 200mH, Long Jump
<b>Jessica Karabesinis</b>	Discus, Shot Put
<b>Maris Kichenside-Quinn</b>	High Jump
<b>Elizabeth Kilham</b>	Shot Put
<b>Charlie King</b>	Discus
<b>Vivien King</b>	400m, Long Jump, Triple Jump
<b>Maddy Kohlrusch</b>	100m, Discus, Javelin
<b>Nicky Kohlrusch</b>	90mH, High Jump, Long Jump, Discus
<b>Charlotte Korell</b>	800m, 1500m
<b>Alessandro Lacalandra</b>	100m
<b>Rebecca Laycock</b>	High Jump, 1500m, Shot Put
<b>Zoe Le Roux</b>	Long Jump, Shot Put
<b>Xavier Lee</b>	Long Jump, Triple Jump
<b>Anabelle Leishman</b>	700m Walk
<b>Tamara Lenthall</b>	400m, 800m, High Jump, Long Jump
<b>Zoe Lincoln</b>	400m, High Jump
<b>Chloe Lombardi</b>	1100m Walk, Discus, Shot Put
<b>Henrique Loureiro</b>	100m, 200m, 400m
<b>Helena MacArthur</b>	Discus, Shot Put
<b>Ella Madgwick</b>	400m, 800m
<b>Lara Madgwick</b>	400m, 800m, 1500m
<b>Matthew Madgwick</b>	400m, 200mH, 800m, 1500m
<b>Remy Maguire</b>	70m, 100m, 200m, 60mH
<b>Louis Mammone</b>	70m, 100m, 400m
<b>Isabella Mardini</b>	800m, 1500m
<b>Zac McCutcheon</b>	1500m
<b>Che McFarland</b>	100mH, 200mH
<b>Benjamin McGettigan</b>	400m, 200mH, Discus, Javelin
<b>Sophie McLachlan</b>	Shot Put, Discus
<b>Tara McManus</b>	1500m
<b>Caitlin McManus-Barrett</b>	1500m Walk, Javelin, Discus
<b>Brianna Miller</b>	Triple Jump
<b>Kai Mirabito</b>	80mH, Long Jump, Triple Jump
<b>Noah Mirabito</b>	1100m Walk
<b>Jackson Mitchell-Lane</b>	400m, 60mH
<b>Henry Moffitt</b>	High Jump, Long Jump, Triple Jump, Discus, Shot Put
<b>Gus Moses</b>	1500m
<b>Mary Mulvey</b>	700m Walk, High Jump
<b>Ellen Murphy</b>	70m, 100m, 200m, 60mH
<b>Samuel Murphy</b>	60mH, 1500m Walk
<b>Lucas Newman</b>	60mH, High Jump, Long Jump, Triple Jump
<b>Indie Nielsen-Wood</b>	200mH
<b>Joshua O'Connell</b>	400m, 700m
<b>Gracie O'Connor</b>	1100m Walk
<b>Abigail Omage</b>	70m, 100m, 200m, Long Jump
<b>Abraham Omage</b>	60mH, High Jump, Long Jump, Triple Jump
<b>Nicholas Oshea</b>	200m, 800m, High Jump, Long Jump
<b>Lucy Owens</b>	Shot Put
<b>Billie Palmer</b>	700m Walk
<b>Elizabeth Park</b>	70m
<b>James Park</b>	100m, 200m, Long Jump, Triple Jump
<b>Michael Park</b>	Triple Jump
<b>Marcello Paul</b>	400m, 800m



## REGION QUALIFIERS

<b>Stephanie Potter</b>	100m, 200m, 80mH, 200mH, Long Jump, Triple Jump
<b>Bronte Prentice</b>	1100m Walk, Discus, Shot Put
<b>Lochlan Prentice</b>	Discus, Shot Put
<b>Fergus Pullin</b>	Long Jump
<b>Ada Rand</b>	70m, 800m, 1500m
<b>Max Rider</b>	1100m Walk, High Jump
<b>Holly Roberts</b>	1500m Walk
<b>Toby Robertson</b>	400m
<b>Molly Robinson</b>	700m, Discus, Shot Put
<b>Zane Santarossa</b>	400m, 800m, 1500m
<b>Xavier Schmidt</b>	Discus
<b>Zachary Schmidt</b>	700m Walk, Discus, Shot Put
<b>Leon Schouten</b>	60mH
<b>Isaac Sharwood</b>	100m, 200m, 400m
<b>Cluny Sim</b>	High Jump, Triple Jump
<b>Dexter Simington</b>	Discus
<b>Pascale Simington</b>	700m Walk
<b>James Smith</b>	800m, 1500m, Triple Jump
<b>Max Smith</b>	High Jump
<b>William Smith</b>	1500m, 1100m Walk, 800m
<b>Dominique Stevens</b>	400m, 800m, 700m Walk
<b>Madeleine Stevens</b>	800m
<b>Katie Sutherland</b>	Shot Put, Discus
<b>Laura Sutherland</b>	1500m, 1500m Walk, Javelin, 800m, Shot Put
<b>Audrey Sutton</b>	Discus
<b>Bertie Swann</b>	100mH
<b>Eliza Swann</b>	100m
<b>Matilda Swann</b>	100m, 200m
<b>Ella Tanner-Black</b>	High Jump, Long Jump
<b>Lilie Tyler</b>	High Jump, Discus, Shot Put, Javelin
<b>Thomas Virgona</b>	200m, 400m, 800m, 1500m
<b>Zoe Virgona</b>	High Jump
<b>Nona Walne</b>	60mH, Long Jump, Triple Jump
<b>Hugo Warne</b>	Long Jump
<b>Oscar Warne</b>	1500m Walk, 1500m
<b>Joshua Watson</b>	60mH, Javelin, High Jump, Triple Jump
<b>Oliver White</b>	High Jump
<b>Bruno Williams</b>	400m, 800m, 1500m
<b>Jordan Willis</b>	High Jump, Long Jump
<b>Boys U 9-12 4x100 Metre Relay (Jnr)</b>	
Joshua Chen, Caiden Cleary, Samuel Chen, Thomas Virgona	



*March Past Champions 2014/15*



*Fun & Friendship*





**Saturday Competition is now over for 2014. We wish all our little athletes and their families a very happy break and look forward to seeing you when competition recommences on Saturday 10th January 2015**



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